

Find out more about beating pain and returning to the activities you love.

Talk to your surgeon today, and discover precision and consistency of partial knee replacement with Navio at bluebelttech.com.

What would you do without knee pain?

Learn about Navio™, the technology that gets you back in action with precision partial knee replacement.



Knee pain makes a big difference in your life. So can Navio.™

What causes knee pain?

With osteoarthritis, the articular cartilage that covers the ends of bones in the joints gradually wears away. Where there was once smooth cartilage that made the bones move easily against each other, there is now a frayed, rough surface. Joint motion along this exposed surface can be painful.

How would you rate your pain? Circle a number or range.



What symptoms do you feel? Check all that apply.

- Shooting pains
- Stiffness
- Weakness
- Aches
- Loss of range of motion
- Creaking/cracking noises
- Swelling

If you could move without pain in your knee, you would...

Write in activities here.

While there is no cure for osteoarthritis of the knee, there are multiple treatment options to manage pain and that may delay the progression of the disease. Talk to your doctor; he or she may prescribe exercises, weight loss or medication.

If osteoarthritis has progressed to an advanced stage and is causing severe pain, surgery may be the best option. Instead of masking the pain or accommodating limited mobility, a partial knee replacement may be able to restore knee function and allow osteoarthritis sufferers to return to the activities they love.



What concerns do you have about your treatment options?

Write in concerns here.

What can be done about knee pain?

Navio is an advancement in the way orthopedic surgeons can perform partial knee replacement. Using state-of-the-art, robotics-assisted technology, the system works with the surgeon's skilled hands to achieve precise positioning of the knee implant for consistently accurate results.

How does Navio achieve these results?

The process starts by focusing on the patient and planning a procedure with your anatomy in mind. Rather than a time and radiation-intensive CT scan, the Navio approach involves only a simple x-ray before the surgeon uses advanced Navio planning software to tailor the surgery to your anatomy, align the implant and balance your knee.

Robotics-assisted cutting tool aids the surgeon in providing software-defined spatial boundaries.

Smart instrumentation ensures accurate results.

Precision burring through handheld robotics.



What can Navio mean for you?

- + Consistent results
- + Accurately placed implants
- + Customized planning
- + No CT-scan required

Unicondylar Knee Replacements may offer several benefits over Total Knee Replacement:

- + Less pain¹
- + Quicker rehabilitation^{1,2}
- + Lower risk of complications²
- + Smaller incisions³

¹ Hall et al., "Unicompartmental Knee Arthroplasty (Alias Uni-Knee): An Overview With Nursing Implications," Orthopaedic Nursing, 2004; 23(3): 163-171.

² Brown, NM, et al., "Total Knee Arthroplasty Has Higher Postoperative Morbidity Than Unicompartmental Knee Arthroplasty: A Multicenter Analysis," The Journal of Arthroplasty, 2012.

³ Repicci, JA, et al., "Minimally invasive surgical technique for unicondylar knee arthroplasty," J South Orthopedic Association, 1999 Spring; 8(1): 20-7.

What's the next step?

Ask your surgeon:

- + Is my knee pain caused by osteoarthritis?
- + Is partial knee replacement right for me?
- + Am I a candidate for the improved precision of Navio?
- + How does my age, lifestyle and overall health affect my treatment options?

Write down other questions you'd like to ask:

Write in questions here.
